

# GLANDULAR SYSTEM

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**Sex Drive – Diabetes – Breast & Prostate Problems – Hormones  
Pituitary • Pancreas • Adrenals • Thyroid • Pineal • Ovaries • Testes**

**5-HTP POWER** - (60) Precursor to serotonin. Stress, weight control, improve outlook.  
**ADRENAL SUPPORT FORMULA** (60) Helps rebuild and strengthen the adrenal glands.  
**ALPHA LIPOIC ACID, 250mg** - (60) Helps maintaining blood sugar levels. Protects cells.  
**BLACK CURRANT** - (90) High in GLA's. Essential fatty acids, hormone balancing.  
**BLESSED THISTLE** - Painful menstruation, support liver, increase mother's milk.  
**BLOOD SUGAR FORMULA, AYURVEDIC** - Helps maintain proper blood glucose levels.  
**CHICKWEED** - Appetite suppressant, metabolism balancing, cellulite, cholesterol.  
**CHROMIUM, GTF** - (90) Reduces cravings, diabetes support, burn fat as energy.  
**CORDYCEPS** - (90) Energizing, restores energy, male potency & female vitality.  
**DAMIANA** - Increases sex drive in male or female. Increase sperm count.  
**DONG QUAI** - Hot flashes, hormone balance, nerves, brain nourisher.  
**DULSE LIQUID** - (2 fl.oz.) Feeds glandular and immune systems. Thyroid and colon health.  
**ENERG-V** - Get energy naturally without stimulants. Balance sugar, improves stamina.  
**ENERG-V PACK** - (30 Packets) Energy, stamina, lifts moods, improves memory.  
**EW** - Eye Wash formula. Stimulate circulation to the eyes, alleviate pain, strengthening.  
**FLAX SEED OIL** - (60) PMS, hormone balancing, protects nerves, builds brain.  
**GINSENG, KOREAN** - Energy, warms body, builds reproductive system, yang.  
**GINSENG, SIBERIAN** - Energy, adaptant to stress, adrenal tonic.  
**GINSENG, WILD AMERICAN** - (50) Lubricates, cools body, reduces swelling, yin.  
**HERBAL TRACE MINERALS** - Minerals that nourish glands, especially thyroid & liver.  
**HY-A** - Hypoglycemia support. Blood sugar balancing. Strengthen adrenals.  
**HY-C** - Diabetes support. Insomnia, hormone/sugar balance, thirst, night sweats.  
**IGF-1** - (1 fl. oz.) Metabolite of GH. Helps increase muscle mass, energy, anti-aging.  
**INDOLE-3-CARBINOL (I3C)** - (30) Helpful in modifying estrogen metabolism. Protect breast tissue.  
**JP-X** - Shrink swollen tissues, sexual function, kidney & bladder infections. Diuretic.  
**KELP** - Thyroid food, fingernails, goiter support, helps take fat off hips, complexion.  
**LICORICE ROOT** - Energy, adrenals, balance sugar. Also in a concentrate and a 60 count.  
**MACA** - (90) Improve libido and sexual desire. Enhance stamina and endurance.  
**MASTER GLAND\*** - (120) Food for the entire glandular system, hormone balance.  
**MELATONIN EXTRA** - (60)(3 mg) Insomnia, adjusting to different time zones, jet lag.  
**MINERAL-CHI TONIC** - (32 oz) Colloidal minerals with herbs to balance your body.  
**NERVOUS FATIGUE FORMULA** - Strengthens adrenals. Burnout feeling. Rejuvenator.  
**NOPAL** - A "Sugar Grabber" in the blood stream. Blood sugar balancing, enzymes.  
**PANTOTHENIC ACID - 250 mg** - Vitamin B-5. Great for stressed adrenals, fatigue.  
**PBS** - Pancreas and Blood Sugar support. Helps lower blood sugar.  
**PHYTO-SOY** - (90) Hormone support, prostate & breast support, genetic hair loss.  
**PREGNENOLONE** - (60) Supports brain health, memory, mood and hormonal balance.  
**PRO-PANCREAS** - Sugar imbalances, pancreas & prostate, rebuilds & strengthens.  
**PS II** - Prostate support, lumbar area support, frequent urination, urinary tract support.  
**RED BEET ROOT FORM.** - Decreases desire to snack, gives energy. Great for fasting.  
**SARSAPARILLA** - Hormone support: male (testosterone) & female (progesterone).  
**SAW PALMETTO** - Prostate support. Lower PSA. Frequent urination. Also in concentrate.  
**STEVIA POWDER** - (1.26oz) 200 to 400 sweeter than sugar. No bitter after taste.  
**SUGAR-REG** - (60) Supports normal blood sugar levels. Helps with cravings & thirsts.  
**SUPER GLA** - (90) 130mg GLA/capsule. Inflammation, pain. Female hormone balance.  
**TARGET P-14** - (90) 14 herbs that support the pancreas with any sugar problems.  
**TARGET TS-II** - (90) Target minerals and herbs that jump start a weakened thyroid.  
**THIM-J** - Feed the thymus gland, stimulates immune system, exhaustion, growths.  
**THYROID ACTIVATOR** - Enlarged thyroid or prostate. The thyroid controls metabolism.  
**THYROID SUPPORT** - (60) Nourishes and strengthens thyroid. Balance metabolism.  
**TS II** - Normalizes thyroid, energy, overweight, water retention, natural iodine.  
**WILD YAM** - Support for adrenals & reproductive, natural precursor for hormones.

## ESSENTIAL OILS FOR SUPPORTING THE GLANDULAR SYSTEM

**GERANIUM** - Balance estrogen, breast pain.  
**MARJORAM, SWEET** - Pain, regulate menstrual.  
**ROSE BULGARIA** - Sensual, uplifting, female.  
**SAGE, CLARY** - Sedative. Insomnia, hyper, PMS.  
**SANDALWOOD** - Aphrodisiac, impotence, stress.  
**YLANG YLANG** - Romantic, exotic, impotence.

# NERVOUS SYSTEM

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**Stress – Depression – Anxiety – Hyperactivity – Memory – Pain  
Brain • Spinal Cord • Central and Peripheral Nervous System**

**5-HTP POWER** - (60) Precursor to serotonin. Depression, stress, better outlook.  
**APS II** - Herbal aspirin, pain, relaxant, headaches. Does not upset stomach like aspirin.  
**B12 COMPLETE LIQUID** - (2 fl.oz.) Easily assimilated into the body. Boost your energy.  
**BRAIN-PROTEX** - (60) Memory, concentration. Parkinson's, Alzheimer's support.  
**CATNIP** - Stomach gas, nerves, cigarette cravings, sore throat, stuffy head, hiccups.  
**CHAMOMILE** - Sleepy-time herb, improve appetite, addiction withdrawal, nerves.  
**FEVERFEW, CONCENTRATED** - Migraines, headaches, muscle tension, parasites.  
**FLAX SEED OIL** - (60) Skin, hormone balancing, protects nerves, brain function.  
**FOCUS ATTENTION** - (90) Increase brain function, focus, & attention (take w/flax seed).  
**FOCUS ATTENTION POWDER** - (3.3oz) Increase brain function, focus, & attention.  
**GABA PLUS** - (60) Calm brain function. Supports sugar balancing, brain stimulation.  
**GOTU KOLA** - Memory, vitality, attention span. Increasing brain capacity and longevity.  
**HERBAL SLEEP** - Promotes sleep, relaxant, stress, muscle tension. Pleasant sleep.  
**HOPS** - Insomnia, nervousness, decrease desire for alcohol, hyperactive children.  
**KAVA KAVA** - (60) Anxiety, stress, muscle relaxer, promotes more restful sleep.  
**KUDZU / ST. JOHN'S WORT** - Helps curb craving for alcoholic beverages.  
**LECITHIN** - (270) Protects nerves, brain food (memory and recall), hormone balancing.  
**L-GLUTAMINE** - (30) Mental alertness, fatigue, aging, mental fuzziness.  
**LOBELIA/ST. JOHN'S WORT** - Helps stop smoking w/o side effects (add 'Tobacco Detox').  
**MAGNESIUM, 250mg** - (180) Benefits bones, muscles, and blood. Relaxes colon.  
**MOOD ELEVATOR, CHINESE** - (2oz) Balances meridians. Energize all 5 constitutional types.  
**NONI** - Feeling sad, depressed, fatigue, PMS, grouchy.  
**NONI** - Tonic herb for pain all over the body. Also carry a 16 oz. and 32 oz. Liq.  
**CONTROL** - Natural tranquilizer. Insomnia, PMS, cramping. Muscle spasms.  
**TRICHALM\*** - Coping, stress, calming. Feel good again! Also available in a 60 count.  
**PANTOTHENIC ACID - 250 mg** - Vit. B-5, Great for stressed adrenals, fatigue, irritated.  
**PASSION FLOWER** - Eye infection and tension, stress, sleep, hyperactive children.  
**PREGNENOLONE** - (60) Supports brain health, memory, mood and hormonal balance.  
**SAM-e** - (30) Help for joint mobility, structural of joints. Also improves mental outlook.  
**SPIRULINA** - 70% protein. Curbs appetite. Feeds nerves. Sugar balancing.  
**ST. JOHN'S WORT** - Anti-depressant. Uplifting, calming. Also available in a 60 count T/R.  
**STRESS PACK** - (30 Packets) Highly stressed positions. Headaches, tight chest.  
**STRESS RELIEF** - Tension, anxiety, stress, pain, helps restore body.  
**STRESS RELIEF, CHINESE** - Calm nerves, induce sleep, reduces fear, anxiety, hyper.  
**STRESS-J** - Stress, colon help, nervous stomach, hyperactivity. Also in a 2oz. liquid.  
**SUMA COMBINATION** - Brazilian ginseng & herbs for energy, reverse fatigue, stress.  
**VALERIAN ROOT** - Insomnia, leg cramps, stress. Also in a 60 count Time Release.

## HOMEOPATHIC MEDICINES FOR THE NERVOUS SYSTEM

**CAFFEINE DETOX** - Irritability, headache, anger.  
**CALMING** - Children. Restless sleep, fussiness.  
**DEPRESSAQUEL** - Melancholy, apathy, sad.  
**DISTRESS REMEDY** - Emotional upset. Trauma.  
**FATIGUE/EXHAUSTION** - Fatigue from stress.  
**MIGRAQUEL** - Throbbing, debilitating headache.  
**NERVOUSNESS** - Irritability, stress, tension.  
**TOBACCO DETOX** - Nausea, cough, stress.

## ESSENTIAL OILS FOR SUPPORTING THE NERVOUS SYSTEM

**BERGAMOT** - Anxiety, insomnia, melancholia.  
**CHAMOMILE, ROMAN** - Anger, insomnia, relax.  
**CLOVE BUD** - Feelings of stress and fatigue.  
**FOCUS** - Mental clarity, awareness, recall.  
**FRANKINCENSE** - Calm psychological effect.  
**GRAPEFRUIT, PINK** - Uplifting, exhausted.  
**HELICHRYSUM** - Soothe nerves / psychological.  
**INNER PEACE** - Depression, grief, relaxation.  
**JASMINE ABSLT** - (2ml) Uplifts, builds confidence.  
**LAVENDER FINE** - Impatience, calming, panic.  
**MANDARIN, RED** - Nervous Stomach, hiccups.  
**MYRRH** - Strength, focus, clarity, motivation.  
**NEROLI** - (2m) Kill germs, calming, improve skin.  
**PATCHOULI** - Romantic, soothing, exotic.  
**ROSE BULGARIA** - Envy, grief, sorrow, shock.  
**ROSEMARY** - Mental fatigue, memory, alertness.  
**SAGE, CLARY** - Sedative. Insomnia, hyper.  
**SANDALWOOD** - Stress-relieving, exotic.  
**THYME LINALOL** - Stimulating, invigorating.  
**YLANG YLANG** - Anxiety, anger, tension, PMS.

